

Disclaimer

Holistic Counselling practitioners use a complementary and comprehensive process that may involve different areas of your life, including work, finances, health, relationships, education and recreation. Deciding how to handle these issues and how to incorporate holistic counselling and coaching principles into those areas is exclusively your choice. No results are guaranteed, and any actions you take and any resulting consequences are solely your responsibility. Therefore Mente Holistic Counselling and representative practitioner can accept no liability.

The practitioner is not a doctor, and holistic counselling is not meant to be a substitute for psychological or medical advice. You are encouraged to consult with your healthcare provider or other professional care provider with any questions or concerns you may have regarding any health condition or any other condition that you may have before taking any action or engaging in any activity, program or service, including our own.